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# Child Wellbeing Policy

## 1. Purpose of the policy

Our Child Wellbeing Policy sets out how we support the emotional, physical and social wellbeing of all children attending our before-school, after-school and holiday provision.

- Wellbeing is central to all decision-making
- Children's safety, happiness and comfort are prioritised
- Staff understand their role in supporting wellbeing
- Routines and environments are designed around children's needs
- Practice is consistent across all sessions

## 2. How it applies to different age groups

The policy applies to all children using the provision, including school-aged children. Where children remain within the EYFS age range, relevant safeguarding and welfare requirements are also met.

- One consistent wellbeing approach for all children
- No separation between EYFS and older children in daily care
- Support is age-appropriate and proportionate
- Legal requirements are met without an early-years-only model
- Children are treated as individuals regardless of age

## 3. What wellbeing means in our setting

Wellbeing in our setting focuses on children feeling safe, secure, listened to and valued.

- Children are welcomed warmly on arrival
- Staff build trusting relationships
- Children feel confident expressing feelings
- Emotional needs are recognised and responded to
- Children know who they can talk to

## 4. How wellbeing is promoted in practice

We promote wellbeing through calm routines, positive relationships, choice and a supportive environment.

- Predictable daily routines
- Clear expectations and boundaries
- Smooth transitions from school to club
- Access to both active and quiet spaces
- Children have choice and voice in activities

## 5. Staff interaction and engagement

Staff support children's wellbeing through positive interaction rather than formal teaching.

- Using open-ended questions
- Listening actively to children
- Encouraging children's ideas
- Supporting communication and confidence
- Scaffolding play appropriately
- Stepping back to promote independence

#### 6. Health and wellbeing

We support children's physical health and emotional wellbeing through everyday routines and positive guidance.

- Encouraging physical activity
- Supporting rest and relaxation
- Promoting good hygiene routines
- Encouraging water and healthy choices
- Supporting oral health through positive messages
- Helping children develop healthy habits

#### 7. Safeguarding and wellbeing

We recognise that safeguarding and wellbeing are closely linked and cannot be separated.

- Staff understand safeguarding procedures
- Concerns are reported immediately
- Staff know the DSL and reporting routes
- Wellbeing concerns are taken seriously
- Children are protected and supported
- Safeguarding culture is embedded in daily practice

#### 8. How the policy is monitored

The policy is monitored and reviewed to ensure it remains effective and reflective of practice.

- Annual review of the policy
- Reflection following incidents or concerns
- Management observations and check-ins and staff feedback
- Continuous improvement of provision

**Policy Effective Date:** September 2025

**Policy Review Date:** September 2026